

VOLUNTEER OPPORTUNITIES

In 2025 Promise of Life Network was blessed with **4,337 volunteer hours** from over 100 groups and individuals – that's 1,000 more hours than in 2024! We truly could not operate without our amazing volunteers. If you are interested in becoming part of Promise of Life Network through volunteer work, please contact us at 724.794.3325 or apply to volunteer online!



2025 BOARD OF DIRECTORS

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Jon Stewart, CPA, Treasurer
Renee Squire, Secretary
Dana McConahy

Sara McCullough
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New Beginnings Site Manager

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Client Services Coordinator

Mary Jo Summers
Director of Local Operations

Suzanne Dambach
Bookkeeper & Human Resources

Rebecca Montoro
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Michaela Ray
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Nicole Reeder
Chat Coordinator,
At-Home Abortion Facts

Diane Double
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Kaela Jackson
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Lydia Heykamp
Healthy Relationships Today Presenter

Robert Peterson
Fatherhood Coordinator &
HRT Representative

Julie Hudak
Certified Registered Nurse Practitioner

Changing Lives Since 1987



And when Elizabeth heard the greeting of Mary, the baby leaped in her womb. And Elizabeth was filled with the Holy Spirit.


Luke 1:41

ANNUAL REPORT 2025



Visit promiseoflifefenetwork.org

 @promiseoflifefenetwork

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A MESSAGE FROM SARAH

Thank you for being part of the ministry of Promise of Life Network! Without you, none of these ministries would be possible. You are an incredible blessing.

2025 was an amazing year for ministry and for my family. As you may know, after more than two years, Jeremiah came home from the hospital! He has done incredibly well at home, and we are so thankful.

At Promise of Life Network, we served more people than ever in 2025, and we are poised to see some amazing growth in the years to come. I am in awe of how far God has brought us and cannot wait to see what He does next. Being in the front row to see His goodness at POLN is an incredible gift.

I would love to talk with you about what God is doing through Promise of Life Network. Please contact me any time at 724-794-3325 ext 1401 or email sarah@promiseoflifenet.org.

Join us in praying over 2026, that we will continue to walk in the way the Lord has for us, and that we would be vigilant to hear His voice and follow His guidance.

Thank you for all you do!

Changing Lives Together,



Sarah M. Bowen
Executive Director



STATEWIDE COLLABORATIVE

In 2023, Sarah was elected the president of the newly formed Pennsylvania Pregnancy Wellness Collaborative - a collaborative of pregnancy centers across the Commonwealth of Pennsylvania. She continues to serve in this capacity today. The PPWC has made tremendous inroads with our state legislators, has unified pregnancy centers across the state, and has begun to standardize messaging about the amazing work of pregnancy help in Pennsylvania. Please join us in praying that God will change Pennsylvania to a state that loves and embraces all life!



2025 BY THE NUMBERS

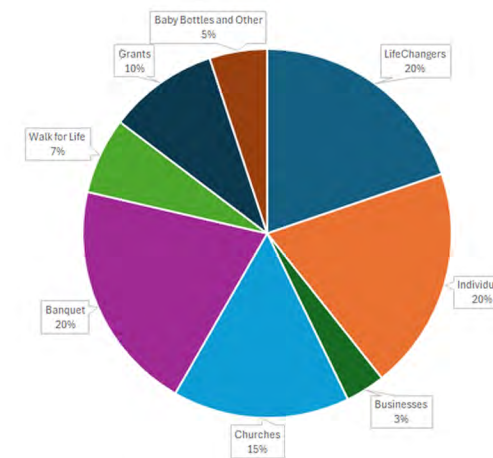
Our goal is to be good stewards of the funds generously provided by our community, and to honor Christ in how we make budgetary and spending decisions. Our Board of Directors and finance committee are engaged in all budget decisions under the leadership of our Board Treasurer, Jon Stewart.

Promise of Life Network does not accept any state or federal funding. The only exception to this is that the Pennsylvania Department of Health provides the supplies and treatment necessary for our STD testing services.

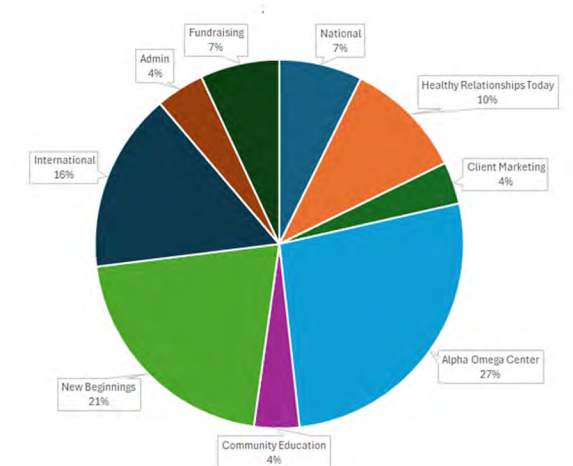
Pray with us that God will provide the funds necessary to see many lives saved and changed in 2026 and beyond.

INCOME & EXPENSES

SOURCES OF REVENUE



EXPENSES



Please note: In order to accurately portray expenses, overhead costs have been assigned to the appropriate program area in the "expenses" pie chart. Additionally, 56% of our fundraising expenses were covered by gifts designated for that purpose.

ADDITIONAL GIFTS



In addition to monetary gifts, our community supported us with:

- Donated items for our Parent's Shop valued at over \$26,000
- Donated professional services valued at over \$13,000
- 4,337 volunteer hours valued at approximately \$65,055
- Countless prayers and messages of encouragement!

POST ABORTION MINISTRY

Many women struggle with an abortion for years after the experience. They may deal with grief, guilt, shame, regret, and even physical complications. Often, these mothers are unwilling or unable to discuss their abortion experience with anyone. Any time a client chooses abortion we encourage her to attend a post-abortive study. We also advertise this opportunity to our local churches and in our community, and we have begun offering this study virtually. Please pray that women in need will join us and find healing.

MISCARRIAGE SUPPORT

Losing a child to miscarriage or stillbirth can be devastating. As we follow up with our pregnancy test and parenting clients, we offer support and information to any mother who has miscarried or lost her child shortly before or after birth. We provide resources, books, pamphlets, and prayer for any grieving mother in need.



Promise of Life Network Publications can be found at promiseoflifenet.org/shop, and has several items for individuals, families, churches, and pregnancy centers to utilize. All of the items found in the shop were created by the Promise of Life Network team and are designed to encourage believers in their pro-life journey and provide needed resources to other pregnancy help organizations.

When visitors check out our shop they will find:

- A twelve-week Bible study entitled "Courageously Pro-Life"
- A one-week update to the Bible study entitled "Courageously Pro-Life in a Post-Roe America"
- Resources about home abortion for pregnancy help organizations
- Resources on abstinence and STDs for pregnancy help organizations
- Biblical resources on sexuality and pornography for families and individuals

Every item on our website is designed to glorify God and bring His truth into this arena. Please check it out, and if you would like to see a topic covered, let us know!



ALPHA OMEGA CENTER

Our Alpha Omega Center division provides pregnancy testing, ultrasound scans, STD testing and treatment, and well women exams free of charge to our community.

Our text line operates at all hours, with clients and potential clients able to talk with a staff member, whether or not we're open for appointments.

Each client is screened for domestic violence, sex/labor trafficking, and suicidal ideation. Our teams offers referrals to each client and her family based on her unique needs. We also offer the Gospel and prayer whenever we have the opportunity.

IN 2025, 53 LOCAL LIVES WERE SAVED FROM ABORTION.

In 2024 we provided 729 services, including 118 ultrasounds, to our community.

We are blessed to have two RNs and one CRNP on our medical team! Mary Jo, Rachel, and Julie are always ready to listen to our clients and provide excellent medical advice.

Throughout 2026, we are continuing to build our Medical Advisory Board. Medical professionals from all walks of life are invited to contact us and discuss whether this Board would be a good fit for them. Our goal is to build a team of MDs, DOs, PAs, CRNPs, and other medical professionals who want to be part of building a culture of life.

As we enter 2026, we are seeking to expand our impact on maternal healthcare in our community. Many of the women we serve have a hard time finding OB/GYN appointments in the first trimester due to a shortage of OB/GYNs in the area. Some may choose to forgo OB/GYN care altogether, and many also struggle to keep their postpartum appointment. We are seeking to help fill this gap by providing critical first trimester screening services, a mid-pregnancy check-in that will encourage regular OB/GYN visits, and a postpartum visit to screen for postpartum depression and other postpartum concerns.

Our heart is to reach more women considering abortion. Please pray with us that those in need will reach out and choose life for themselves and their unborn children.





IN 2025, WE REACHED 10,316 INDIVIDUALS AND ESTIMATE THAT 84% OF THEM CHOSE LIFE.

In 2019, we received our first message from an international woman asking about abortion. As of January 2026, we have chatted with 37,372 women in 90 nations through our at-home abortion chatline! In 2025 alone we spoke with 10,316 individuals. Nearly all of these were women actively seeking an abortion.

Our international chat is staffed by volunteers, with support and supervision from paid staff, and operates from 7 am to 10 pm Monday through Friday, as well as several hours on Saturdays.

Each person who reaches out to us on our chatline is encouraged to connect with a local ministry that can provide them with life-affirming education, information, and support. Our team offers images of fetal models, prayer, and the Gospel at every opportunity.



This baby's mother initially contacted us late in her pregnancy. She was certain that abortion was her only choice. After chatting with our team, she chose life! After her baby was born she said, "I am having good news. I gave birth on the 31st of December. I am one of those ladies who wanted to do abortion."

THE NATIONAL NEED

In 2019, our team launched the only website addressing at-home abortion from the pro-life perspective, and we continue to be the only website dedicated to this topic today. We have been incredibly burdened to advertise and optimize this site to ensure it reaches more women in need but have been hampered by costs and staffing.

Late in 2025 we launched a partnership with a 24/7 nurse chat line willing to talk with and refer any young woman who visits this website. Additionally, we received a significant grant to optimize and advertise this site to reach women in the United States considering a home abortion. Please pray with us that many lives will be saved and changed through this endeavor!



NEW BEGINNINGS

EMPOWERING FAMILIES!

James 2:15-17 tells us that if our brother or sister is in need, it is our responsibility to help them. We love it when families choose life, and we want to be there for them for the first few years of their child's life. Our New Beginnings division provides parenting education and material help to young families. This ministry provides a blend of in-person and virtual lessons in order to accommodate every family's unique needs. In 2025, New Beginnings helped 199 families with 3,783 parenting lessons!

Our New Beginnings also reaches out to dads with fatherhood mentors. Our goal is to build strong families and break generational chains of poverty, abuse, and broken families. Pray with us as we minister to families in need - that they will come to know Christ and raise their children in Godly homes.



HEALTHY RELATIONSHIPS TODAY

Stopping abortion begins with stopping unmarried pregnancies. In Pennsylvania, 85% of abortions are performed on unmarried women. To address this, our Healthy Relationships Today team educates local teens about the benefits of saving sex for a lifelong commitment commonly known as marriage.

During the 2024-2025 school year, our presenters spoke to 1,060 local students about healthy relationships. Our prayer is that students will realize they can say "no" to premarital sexual activity and realize that they are worth waiting for.



"This presentation has helped me think of some boundaries I would like to personally implement. First, a boundary for any sexual activities because I don't want to deal with anything going wrong in the future. Second, another boundary I would implement would be not wanting to do any sexual activities until after being married." -Local Student